



The Township of Sioux Narrows-Nestor Falls  
Community Newsletter  
August 2025

NESTOR FALLS  
**WINGS**  
**&**  
**WHEELS**  
FESTIVAL

**WHEN:**

August 30<sup>th</sup> &  
August 31<sup>st</sup>,  
2025

**WHERE:**

**BASS LAKE PARK,  
NESTOR FALLS, ON**

**FACEBOOK:**

**NESTOR FALLS WINGS AND WHEELS FESTIVAL**

**EMAIL:**

**NFWINGSANDWHEELS@GMAIL.COM**

**August Farmers  
Markets!**

**August 5<sup>th</sup> and August 19<sup>th</sup>**  
**Open 10 am until 2 pm**

4-Season Facility behind Sioux Narrows Municipal Office

Scan this QR code  
or email  
**Trails@snnf.ca** for  
more info.



**Plus 3 more Markets in September!**

Sept. 2nd, Sept. 16th & Sept. 30th.

**Nexus Art Group**

**Artist and Artisan Exhibition and Sale**

**Friday, August 29th &  
Saturday, August 30th**

**Lake of the Woods Chapel  
10:00 am—3:00 pm**

**Free Admission**

**Sioux Narrows Steelman**

**Global Aquabike: Swim & Bike**

**Saturday, August 23rd**

**Steelman: 4k swim/180k bike**

**For more information contact  
[wandamathers@hotmail.com](mailto:wandamathers@hotmail.com)**

**Mobile Mental Health and Addictions Clinic (MMHAC)**

Sioux Narrows: August 11th & August 25th  
Nestor Falls: August 13th & August 27th

Call 807-468-1838 or book online [www.cmhak.on.ca](http://www.cmhak.on.ca)



## The Township of Sioux Narrows-Nestor Falls Community Newsletter August 2025

### Lake of the Woods Chapel



Sunday services continue at 7:00 pm. All are welcome.

Evensong- Wednesday August 6 & 13 at 7:00 pm. A short informal service of music, prayer and worship.

Open Doors- Each Friday from 11:00-12:00 - The chapel is open for meditation or prayer. Come & find the quiet centre...enjoy a moment of quiet in your busy days.

Saturday August 2- 9:00-3:00- "Baked Goods & Bargains"- yard sale & bake sale. Come on out & shop! Donations welcome!

Wednesday August 20-7:00 pm- Singspiration! A singalong evening of inspirational music.

Friday August 29 & Saturday August 30- 10:00-3:00 both days- NEXUS Art Show in the Chapel.

Saturday August 30- Fall Farewell Chili Lunch in the church hall- 11:30-1:30- \$10.00. Come & enjoy the art and have lunch too!

### Health Hub—10 Fickas Road, Sioux Narrows

The Health Hub is an initiative to bring additional supplemental Health Services to our community. We now have a naturopathic doctor practising twice monthly, additional footcare services and workshops being held in the space.

August Practitioners:

**DR. CHRIS BROWN, ND**—Wednesday, August 11th

To book appointments, please call 807-683-7287 or online at  
Thunder Bay Naturopathic Clinic ([janeapp.com](http://janeapp.com))

**SHANNON MATHESON, RPN, FOOTCARE NURSE**

SERVICES: \*Thickened nail reduction \*Ingrown nail treatment \*Fungal nail \*Corn and calluse reduction  
\*Lower leg assessment \*Education, referrals and more

To book appointments, please call 807-0407-7767 or online at  
[healedsole@gmail.com](mailto:healedsole@gmail.com)

### Sioux Narrows Nursing Station

**DR. KERRY ANDERSON, MD**

Friday, Aug. 8th 9:30 am—3:30 pm  
Friday, Aug. 15th 9:30 am—3:30 pm

**DR. ROWENA LASS, MD**

Monday, Aug. 18th 8:45 am—2:45 pm  
Monday, Aug. 25th 8:45 am—2:45 pm

**DR. MAXINE CARLISLE**

Monday, July 28th 10:00 am—4:00 pm  
Thurs. Aug 7th 10:00 am—4:00 pm

**LIFE LABS**

Tuesday, Aug. 12th 10:00 am—1:00 pm  
Tuesday, Aug. 26th 10:00 am—1:00 pm

**SUSAN MCLEOD, RN, FOOTCARE SPECIALIST**

Thursday, Aug. 7th 9:00 am—4:00 pm

Please call 807-226-1081 during business hours to book appointments

**AMBULANCE, FIRE AND POLICE—CALL 911**