

# The Township of Sioux Narrows-Nestor Falls Community Newsletter August 2025

NESTOR FALLS

# WINGS

&

# WHEELS

**FESTIVAL** 

# WHEN:

August 30th & August 31st, 2025

# WHERE:

BASS LAKE PARK, NESTOR FALLS, ON

FACEBOOK:

NESTOR FALLS WINGS AND WHEELS FESTIVAL

EMAIL:

NFWINGSANDWHEELS@GMAIL.COM

# August Farmers Markets!

August 5<sup>th</sup> and August 19<sup>th</sup>
Open 10 am until 2 pm
4-Season Facility behind Sioux Narrows Municipal Office

4-season racinty benina sloak Narrows Municipal Of

or email
Trails@snnf.ca for
more info.



Plus 3 more Markets in September!

Sept. 2nd, Sept. 16th & Sept. 30th.

### **Nexus Art Group**

Artist and Artisan Exhibition and Sale

Friday, August 29th & Saturday, August 30th

Lake of the Woods Chapel 10:00 am—3:00 pm

Free Admission

## Sioux Narrows Steelman

Global Aquabike: Swim & Bike

Saturday, August 23rd

Steelman: 4k swim/180k bike

For more information contact wandamathers@hotmail.com

#### Mobile Mental Health and Addictions Clinic (MMHAC)

Sioux Narrows: August 11th & August 25th Nestor Falls: August 13th & August 27th

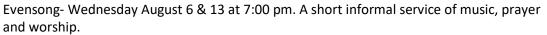
Call 807-468-1838 or book online www.cmhak.on.ca



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#### Lake of the Woods Chapel

Sunday services continue at 7:00 pm. All are welcome.





Open Doors- Each Friday from 11:00-12:00 - The chapel is open for meditation or prayer. Come & find the quiet centre...enjoy a moment of quiet in your busy days.

Saturday August 2- 9:00-3:00- "Baked Goods & Bargains"- yard sale & bake sale. Come on out & shop! Donations welcome!

Wednesday August 20-7:00 pm- Singspiration! A singalong evening of inspirational music.

Friday August 29 & Saturday August 30- 10:00-3:00 both days- NEXUS Art Show in the Chapel.

Saturday August 30- Fall Farewell Chili Lunch in the church hall- 11:30-1:30- \$10.00. Come & enjoy the art and have lunch too!

### Health Hub—10 Fickas Road, Sioux Narrows

The Health Hub is an initiative to bring additional supplemental Health Services to our community. We now have a naturopathic doctor practising twice monthly, additional footcare services and workshops being held in the space.

August Practitioners:

DR. CHRIS BROWN, ND-Wednesday, August 11th

To book appointments, please call 807-683-7287 or online at Thunder Bay Naturopathic Clinic (janeapp.com)

#### SHANNON MATHESON, RPN, FOOTCARE NURSE

SERVICES: \*Thickened nail reduction \*Ingrown nail treatment \*Fungal nail \*Corn and calluse reduction \*Lower leg assessment \*Education, referrals and more

To book appointments, please call 807-0407-7767 or online at healedsole@gmail.com

#### **Sioux Narrows Nursing Station**

DR. ROWENA LASS, MD

# Friday, Aug. 8th 9:30 am—3:30 pm Monday, Aug. 18th 8:45 am—2:45 pm Friday, Aug. 15th 9:30 am—3:30 pm Monday, Aug. 25th 8:45 am—2:45 pm

#### DR. MAXINE CARLISLE LIFE LABS

Monday, July 28th 10:00 am—4:00 pm Tuesday, Aug. 12th 10:00 am—1:00 pm Thurs. Aug 7th 10:00 am—4:00 pm Tuesday, Aug. 26th 10:00 am—1:00 pm

#### SUSAN MCLEOD, RN, FOOTCARE SPECIALIST

Thursday, Aug. 7th 9:00 am—4:00 pm

DR. KERRY ANDERSON, MD

Please call 807-226-1081 during business hours to book appointments

AMBULANCE, FIRE AND POLICE—CALL 911