



The Township of Sioux Narrows-Nestor Falls
Community Newsletter
February 2026

PLEASE JOIN US FOR A

Valentines Day PARTY

\$20/TICKET
INCLUDES
PAINTING SUPPLIES
WINE & FOOD PAIRING

FEBRUARY **12** AT 6PM

Nestor Falls Community Hall
RSVP to 807-276-1318

SPACE IS LIMITED

 **FAMILY DAY ICE
BIKES** 

AT THE 4-SEASON RINK BEHIND THE SIOUX NARROWS
MUNICIPAL OFFICE



MONDAY FEB 16
10:00 AM – 1:00 PM

THIS IS A FREE COMMUNITY EVENT!
HELMETS INCLUDED, SNOW TOYS, OUTDOOR
FIREPITS, S'MORES, HOT CHOCOLATE

Introducing
**BEYOND
THE BRIDGE II**

Unlock the Stories of Sioux Narrows

WE NEED YOUR STORY

PLEASE EMAIL ORDER AND SPONSORSHIP REQUESTS TO:
beyondthebridge2@gmail.com

Beyond the Bridge II

We look forward to hearing from you and working together to bring Sioux Narrows “Beyond the Bridge II” to life. Let’s make sure our stories are remembered for years to come. The deadline for submitting your story and photos is February 27th, 2026. The deadline for ordering a book is August 31, 2026. Cost is \$150.00 per book. For more information email beyondthebridge2@gmail.com

2026 Landfill Permits

All residents are required to have a 2026 Landfill Permit prior to entering the Landfill. Permits can be picked up at the Nestor Falls Municipal Office on Thursdays between 9:00 am—4:00 pm or at the Sioux Narrows Municipal Office Mondays—Friday from 8:00 am—4:00 pm. There is no charge for these permits.

Please remember that we have recycling bins at both landfills and would like to encourage our residents to use them. Rinse containers with food residue, flatten cardboard boxes to save space. You can keep lids and labels on. Thank you.

Valentine's day
BINGO

**GET YOUR
BINGO CARD
FEB 9-13**

Winner will be shared on Facebook Feb 17th @ Noon. To enter the draw, share at least one photo from the bingo. Each photo = A chance to WIN

Facebook Page → Sioux Narrows-Nestor Falls Trails

Valentine's Day Trail Bingo

Date: February 9th—16th

Location: Any SNNF trail of your choice.

Show the trails some LOVE with a self-paced BINGO game. Grab a BINGO card and hit the trails solo or with loved ones.

Snap photos that match the prompts. Play at your own pace.

Win a fun prize by entering the draw.

Find out how to win by joining our Facebook group

Sioux Narrows-Nestor Falls Trails or email Katie at trails@snnf.ca



The Township of Sioux Narrows-Nestor Falls Community Newsletter February 2026



Make Your Medical Visit Count
Single Session Workshop | 90-min | Virtual

Advocate for Yourself & Get Answers Learn to organize your thoughts and ensure your concerns are heard.

- Prepare: Prioritize your top concerns.
- Communicate: Ask clear questions.
- Plan: Leave with actionable steps.

Sat, Feb 21 & Sun, Mar 22
4:00 PM EST/3:00 PM CT

Free Gift Bag Included!

Ready to Register? Scan the QR code or visit norwestchc.org/cdmp
Questions? Prefer to register by phone? Call Kevin at 807-628-5480

SCAN ME!

NorWest Community Health Centre
Centres de santé communautaire NorWest

Healthy People. Empowering Communities.

Lake of the Woods Chapel
As we journey through winter and the season of Lent, we look forward to Easter and spring. The Chapel can be contacted at lowc.faith@gmail.com. Services will resume on May 17, 2026 at 7:00 pm.



Sioux Narrows-Nestor Falls Council Meetings

Meetings are held on the first Tuesday of the month and begin at 2:00 p.m., unless otherwise posted or updated. The locations alternate between the Sioux Narrows Municipal Office and the Nestor Falls Municipal Office. Everyone is welcome to attend these public meetings. For more information, please visit the municipal website at www.snnf.ca

February 3rd meeting— Sioux Narrows

March 3rd meeting—Nestor Falls

HEALTH HUB—10 FICKAS ROAD

DR. CHRIS BROWN, ND

Please call 807-683-7287 or

[Book Online | Thunder Bay Naturopathic Clinic \(janeapp.com\)](http://janeapp.com)

MOBILE MENTAL HEALTH & ADDICTIONS CLINIC (MMHA)

Sioux Narrows—Monday, February 23rd

Nestor Falls—Wednesday, February 11th
Wednesday, February 25th

SUNSET COUNTRY FAMILY HEALTH TEAM (SIOUX NARROWS NURSING STATION)

DR. ANIL BALA, MD

Tues. February 10th 9:30 am— 4:30 pm
Tues. February 24th 9:30 am— 4:30 pm

DR. MAXINE CARLISLE, MD

Mon. February 9th 9:30 am—4:30 pm
Fri. February 13th 9:30 am—4:30 pm
Fri. February 27th 9:30 am—4:30 pm

THE CLINIC WILL BE CLOSED JANUARY 29th AND RE-OPENING FEBRUARY 9th

Please call 807-226-1081 during business hours to book appointments

Ambulance, Fire and Police—CALL 911