



The Township of Sioux Narrows-Nestor Falls Community Newsletter February 2026

PLEASE JOIN US FOR A
Galentines Day
PARTY

\$20/TICKET INCLUDES
PAINTING SUPPLIES
WINE & FOOD PAIRING

FEBRUARY 12 AT 6PM

Nestor Falls Community Hall
RSVP to 807-276-1318
SPACE IS LIMITED

 **FAMILY DAY ICE BIKES** 

AT THE 4-SEASON RINK BEHIND THE SIOUX NARROWS MUNICIPAL OFFICE

MONDAY FEB 16
10:00 AM - 1:00 PM

THIS IS A FREE COMMUNITY EVENT!
HELMETS INCLUDED, SNOW TOYS, OUTDOOR FIREPITS, S'MORES, HOT CHOCOLATE

Introducing
BEYOND THE BRIDGE II
Unlock the Stories of Sioux Narrows



WE NEED YOUR STORY
PLEASE EMAIL ORDER AND SPONSORSHIP REQUESTS TO:
beyondthebridge2@gmail.com

We look forward to hearing from you and working together to bring Sioux Narrows "Beyond the Bridge II" to life. Let's make sure our stories are remembered for years to come. The deadline for submitting your story and photos is February 27th, 2026. The deadline for ordering a book is August 31, 2026. Cost is \$150.00 per book.

For more information email beyondthebridge2@gmail.com

2026 Landfill Permits

All residents are required to have a 2026 Landfill Permit prior to entering the Landfill. Permits can be picked up at the Nestor Falls Municipal Office on Thursdays between 9:00 am—4:00 pm or at the Sioux Narrows Municipal Office Mondays—Friday from 8:00 am—4:00 pm. There is no charge for these permits.

Please remember that we have recycling bins at both landfills and would like to encourage our residents to use them. Rinse containers with food residue, flatten cardboard boxes to save space. You can keep lids and labels on. Thank you.

Valentine's day **BINGO**

**GET YOUR
BINGO CARD
FEB 9-13**

Winner will be shared on **Facebook Feb 17th @ Noon**. To enter the draw, share at least one photo from the bingo. Each photo = A chance to WIN
Facebook Page → Sioux Narrows-Nestor Falls Trails

Valentine's Day Trail Bingo

Date: February 9th—16th

Location: Any SNNF trail of your choice.

Show the trails some LOVE with a self-paced BINGO game. Grab a BINGO card and hit the trails solo or with loved ones.

Snap photos that match the prompts. Play at your own pace.

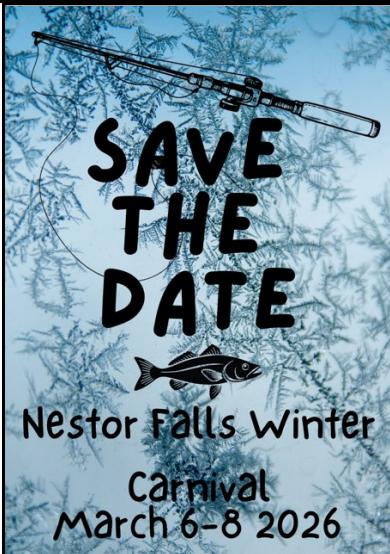
Win a fun prize by entering the draw.

Find out how to win by joining our Facebook group

Sioux Narrows-Nestor Falls Trails or email Katie at trails@snnf.ca



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Make Your Medical Visit Count
Single Session Workshop | 90-min | Virtual

Advocate for Yourself & Get Answers Learn to organize your thoughts and ensure your concerns are heard.

- Prepare: Prioritize your top concerns.
- Communicate: Ask clear questions.
- Plan: Leave with actionable steps.

Sat, Feb 21 & Sun, Mar 22
4:00 PM EST/3:00 PM CT
Free Gift Bag Included!

SCAN ME!

Ready to Register? Scan the QR code or visit norwestch.org/cdmv
Questions? Prefer to register by phone? Call Kevin at 807-626-8480

NorWest Community Health Centres de santé communautaire NorWest
Healthy People, Empowering Communities.

Lake of the Woods Chapel
As we journey through winter and the season of Lent, we look forward to Easter and spring. The Chapel can be contacted at lowc.faith@gmail.com. Services will resume on May 17, 2026 at 7:00 pm.

*There is a time
FOR EVERYTHING,
AND A SEASON FOR
EVERY ACTIVITY
UNDER THE HEAVENS*

ECCLESIASTES 3:1

Sioux Narrows-Nestor Falls Council Meetings

Meetings are held on the first Tuesday of the month and begin at 2:00 p.m., unless otherwise posted or updated. The locations alternate between the Sioux Narrows Municipal Office and the Nestor Falls Municipal Office. Everyone is welcome to attend these public meetings. For more information, please visit the municipal website at www.snnf.ca

February 3rd meeting— Sioux Narrows

March 3rd meeting—Nestor Falls

HEALTH HUB—10 FICKAS ROAD

DR. CHRIS BROWN, ND

Please call 807-683-7287 or
[Book Online | Thunder Bay Naturopathic Clinic \(janeapp.com\)](http://Book Online | Thunder Bay Naturopathic Clinic (janeapp.com))

MOBILE MENTAL HEALTH & ADDICTIONS CLINIC (MMHA)

Sioux Narrows—Monday, February 23rd

Nestor Falls—Wednesday, February 11th
Wednesday, February 25th

SUNSET COUNTRY FAMILY HEALTH TEAM (SIOUX NARROWS NURSING STATION)

DR. ANIL BALA, MD

Tues. February 10th 9:30 am— 4:30 pm
Tues. February 24th 9:30 am— 4:30 pm

DR. MAXINE CARLISLE, MD

Mon. February 9th 9:30 am—4:30 pm
Fri. February 13th 9:30 am—4:30 pm
Fri. February 27th 9:30 am—4:30 pm

THE CLINIC WILL BE CLOSED JANUARY 29th AND RE-OPENING FEBRUARY 9th

Please call 807-226-1081 during business hours to book appointments

Ambulance, Fire and Police—CALL 911