



The Township of Sioux Narrows-Nestor Falls Community Newsletter January 2026

Ontario's Enhanced Recycling Program

Circular Materials, Ryse Solutions, Landbell Canada and EnvironFocus Incorporated are the producer responsibility organizations that are operating Ontario's new common collection system.

A few things to remember before you toss items in the bin:

- Rinse Containers with food residue
- Flatten cardboard boxes to save space
- You can keep lids and labels on

What You Can Recycle



Paper & Fibre:

Cardboard boxes, boxboards, paper laminate packaging, paper laminate containers, cartons, and paper.



Plastic & Foam:

Hard plastic containers, plastic packaging and containers, tubes.



Metal:

Metal containers, aluminum (foil and trays), aerosol containers.



Glass:

Glass containers

What You Can Not Recycle



Books



Toys



Diapers



Pots and Pans



Hazardous Materials



Batteries



Alcoholic Beverage Containers

Winter Landfill Hours Oct. 1st—April 30th

Open Tuesdays, Thursdays & Saturdays

Closed on all Civic Holidays

Sioux Narrows Landfill: 9:00 am—11:30 am

Nestor Falls Landfill: 1:30 pm—4:00 pm

2026 Landfill Permits

All residents are required to have a 2026 Landfill Permit prior to entering the Landfill.

Permits can be picked up at the Nestor Falls Municipal Office on Thursdays between 9:00 am—4:00 pm or at the Sioux Narrows Municipal Office Mondays—Friday from 8:00 am—4:00 pm.

There is no charge for these permits.

Red Pine Trail—Safety Update for Snowmobilers

Please remember that snowmobiles are not allowed on the walking and bike trails.

To keep riders safe, snowmobile signage will be added as soon as possible to guide travel around the outside of the trails and toward the lake lookout. The bike skills park contains snow-covered features that can be difficult to see in winter. Please follow the perimeter loop for a safer ride.

Thank you for your cooperation.



COME JOIN A *Group Walk* ON THE **RED PINE TRAIL** JANUARY 22, 2026 @11AM

WE'LL EXPLORE THE TRAIL AS A GROUP AND WALK AT A RELAXED PACE. HOT CHOCOLATE WILL BE PROVIDED. HAVE SNOWSHOES? BRING THEM. PREFER NOT TO? HIKING BOOTS WORK TOO.

BRING WATER, AND DRESS WARM!

PLEASE CHECK THE FACEBOOK EVENT PAGE BEFORE HEADING OUT. THIS EVENT IS WEATHER DEPENDANT AND UPDATES WILL BE POSTED THERE.

**SIGN UP ON FACEBOOK SO WE KNOW WHO TO WAIT FOR
WE WILL DEPART FOR 11:15 IF EVERYONE IS ON TIME**

Group Walk—RED PINE TRAIL

To register, please find the event on Facebook under Sioux Narrows-Nestor Falls Trails or email Katie at trails@snnf.ca and let her know if you plan on attending. Everyone is welcome and hope to see you there.

Happy Trails!

Love the Trails? Come Join the Fun!

If you enjoy fresh air and giving back to your community, we'd love to have you join the team. We are looking for volunteers to help care and support our local trails. No experience need, just willingness to help.

Ready to get involved? Stop by the Municipal Office and pick up a volunteer form or email trails@snnf.ca for a digital copy.

Come step outside and help us make a lasting difference on the trails!



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Beyond the Bridge II

We look forward to hearing from you and working together to bring Sioux Narrows “Beyond the Bridge II” to life. Let’s make sure our stories are remembered for years to come. The deadline for submitting your story and photos is February 27, 2026. Deadline for ordering a book is August 31, 2026. Cost is \$150.00 per book.

Lake of the Woods Chapel

Happy New Year to all in our community. May 2026 be blessed with health, peace & joy. Wishing you God’s best for the New Year.



Sioux Narrows-Nestor Falls Council Meetings

Meetings are held on the first Tuesday of the month and begin at 2:00 p.m., unless otherwise posted or updated. The locations alternate between the Sioux Narrows Municipal Office and the Nestor Falls Municipal Office. Everyone is welcome to attend these public meetings. For more information, please visit the municipal website at www.snnf.ca

February 3rd meeting– Sioux Narrows

March 3rd meeting—Nestor Falls

HEALTH HUB—10 FICKAS ROAD

DR. CHRIS BROWN, ND

Please call 807-683-7287 or

[Book Online | Thunder Bay Naturopathic Clinic \(janeapp.com\)](http://janeapp.com)

SUSAN MCLEOD, RN, FOOTCARE SPECIALIST Friday, February 20th 9:00 am—4:00 pm

LIFE LABS TBD

MOBILE MENTAL HEALTH & ADDICTIONS CLINIC (MMHA)

Sioux Narrows—Monday, January 12th
Monday, January 26th

Nestor Falls—Wednesday, January 14th
Wednesday, January 28th

SUNSET COUNTRY FAMILY HEALTH TEAM (SIOUX NARROWS NURSING STATION)

DR. PAUL CANO, MD

Tues. January 13th 9:30 am— 4:30 pm
Tues. January 20th 9:30 am— 4:30 pm

DR. MAXINE CARLISLE, MD

Friday, January 23rd 9:30 am—4:30 pm
Monday, January 26th 9:30 am—4:30 pm

DR. ANIL BALA, MD

Tuesday, January 27th 9:30 am –4:30 pm

THE CLINIC WILL BE CLOSED JANUARY 30th AND RE-OPENING FEBRUARY 9th

Please call 807-226-1081 during business hours to book appointments

Ambulance, Fire and Police—CALL 911