




Sioux Narrows – Nestor Falls & Area
*Community Safety
& Well-Being Plan*
SERVICE GUIDE AND DIRECTORY

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Why

The Ontario *Police Services Act* mandates that municipalities must prepare and adopt Community Safety & Well-Being plans. The Act further outlines requirements for an advisory committee, consultation, establishing priority risks and more.

Who

Under the Act, the committee must include representatives from (as it would apply to the community and what is available locally) the following sectors:

- Health/mental health services;
- Educational services;
- Community/social services;
- Community & custodial services to children or youth;
- Municipal council member or municipal employee; and,
- Rep. of PSB or detachment commander/delegate.

Our committee is (was) comprised of the following:

- Holly Chant, Health Educator, Northwestern Health Unit;
- Kris Tittlemier, Provincial Appointee, Sioux Narrows – Nestor Falls Police Services Board;
- Karen Rustige, Ontario Provincial Police (Retired);
- Gord Adams, Ontario Provincial Police;
- Bob Bernie, Ontario Provincial Police;
- Cathy Linton, Ontario School Teacher;
- Gale Black, Municipal Councillor, Township of Sioux Narrows – Nestor Falls; and,
- Wanda Kabel, Chief Administrative Officer, Township of Sioux Narrows – Nestor Falls.

How

The committee held its inaugural meeting on April 3, 2019. Over the next several months the committee drafted and rolled out a public consultation survey.

The survey was conducted online via Survey Monkey and we received 65 submissions.

It was evident from the respondents that people more than generally feel personally safe in Sioux Narrows – Nestor Falls, as well as an overall great sense of well-being.

It appears that there was an even spread across the locally or regionally available programming and services that individual's feel enhance their well-being; such as recreation programs, special events, mental health services, etc. Other opportunities that we didn't list, but were suggested, included access to high-speed internet, cross-cultural and cross generational opportunities and children's activities.

Generally, a high percentage, approximately 75%, of respondents have a good sense of belonging and good social interactions in the community, but a smaller percentage, less than 60%, feel community pride and community spirit. Other place attachment attributes noted by respondents, that we did not have in our list, were connections to the natural environment/wilderness/ lake, multi-generational ties to the community and rural solitude, specifically 'getting away from the city'.

Nearly all respondents feel satisfied with the quality of air and water in Sioux Narrows – Nestor Falls. There is a definite indication that there is a deficit [less than 50% satisfaction] or perceived deficit of housing, local access to services, shopping, cultural and organized fitness activities.

There is good indication that the respondents participate in a broad spectrum of social/cultural/recreational programs and activities that are currently available/ offered. Areas of high interest are the 50 Plus Centre, Public Libraries and Hiking Trails. Fitness Centres, Golf



Course and Fitness Classes were much lower on the spectrum. The highest area of interest indicated is Arts and Cultural activities, opportunities and special events.

Nearly all respondents are currently satisfied with their personnel safety; over 90%. A small percentage, 3% answered that they are not. Their reasons included a fear of wildlife, not adequate lighting or walking paths adjacent to highway 71 and incidents of aggression, abusive & threatening language/behavior and fear of same from customers/clients at their workplace.

Approximately 40% of respondents indicated that they are informed about how to stay safe in their community and those who indicated how they heard such information indicated that it was from reading the municipal newsletter. It is notable that 50% of respondents indicated that they don't feel informed about how to stay safe.

Of those in Sioux Narrows - Nestor Falls who have experienced crime, the majority indicated that they were victims of theft, vandalism and to a minor degree, fraud. Another indication was verbal and written aggression and threats. Twenty-five percent of the respondents who did experience a crime, did not report it. However, the majority indicated that they did report it.

The majority of respondents indicated that getting to know their neighbours, locking their vehicles and locking their doors is how they protect themselves/properties from crime. A moderate to minor percentage installed safety/security devices, avoid places/people and don't go out after dark. The few other responses indicated were, if going out after dark to do so with a friend or in a group, being aware of their surroundings and leaving the lights on.

Finally, throughout 2020, the committee virtually communicated via email and arrived at a draft outline of information to include in the final plan for adoption and publication, including a Vision Statement, Guiding Principles, Objectives, Supporting Objectives and Services Directory.

Vision Statement

To inspire citizen engagement and awareness to strengthen and sustain community safety and well-being in Sioux Narrows - Nestor Falls through the dissemination of information and the promotion of relevant opportunities.

Guiding Principles

- Dignity as a reflection of every person;
- Respect would be a measure of respect for every person;
- Safe, livable and sustainable community for present and future citizens;
- Clean and safe environment;
- Various sources of recreation opportunities; and,
- Excellence in services available.

Objectives

- Improve and/or provide information & resources;
- Share/promote education, training & programming where applicable; and,
- Stronger partnerships within the community.

Supporting Objectives

- Increase and consolidate the availability of information regarding safety and well-being programs for citizens, in a variety of accessible formats, in order to create more opportunities to learn about the programs and services available;
- Share information for and about community partners that promote and provide education, training and programming within the community; and,
- If developing committees or working groups, or planning/organizing events or activities, extend invitations to both traditional and non-traditional community partners.

News and Current Events

For the most current information, news, events and activities relating to Community Safety and Well-Being, please visit our website at: snnf.ca/CSWB



Community Safety & Well-Being
SERVICE GUIDE AND DIRECTORY

EMERGENCY & HEALTH SERVICES

Police	Ontario Provincial Police	Emergencies Non-emergencies	911 888-310-1122
Fire Rescue	Township of SN-NF	Emergencies Non-emergencies	911 807-226-5241
Ambulance	Northwest EMS	Emergencies Non-emergencies	911 807-223-2100
Search & Rescue	LOWSAR	Emergencies Non-emergencies	911 807-467-7318
Forest Fire	MNRF	Emergencies	911
Hospitals	Lake of the Woods District Hospital - Kenora Riverside Health Care Centre - Emo Riverside Health Care Centre - Fort Frances	Non-emergencies Non-emergencies Non-emergencies	807-468-9861 807-274-3261 807-274-3266
Local Medical/Dental Clinic (Sioux Narrows)		Non-emergencies	807-226-1081
Family Health Team	Kenora Fort Frances		807-468-6321 807-274-3287
Poison Control Centre			800-268-9017
Telehealth Ontario			866-797-0000
Health Connect Ontario (to register for doctor)			866-532-3161



Regional Alzheimer's Association	807-468-1516
CNIB (programs and services for the blind)	1-800-563-2642
Canadian Mental Health Association (Kenora Branch)	807-468-1838
Canadian Mental Health Association (Fort Frances Branch)	807-274-2347
CMHA-District Mental Health Services for Older Adults (Fort Frances)	807-274-2347
CMHA-District Mental Health Services for Older Adults (Kenora)	807-468-4699
Kids Help Phone	1-800-668-6868 or text CONNECT to 686868
ConnexOntario (support for Mental Health and Addictions including gambling)	1-866-531-2600
Kenora/Rainy River District Crisis Response Services	1-866-888-8988
Sunset Area Victim Crisis Assistance and Referral Service	807-467-2815
Mental Health and Addictions Program (Kenora)	807-467-3555
Morningstar Detoxification Centre (Kenora)	807-468-5749
Riverside Community Counselling (including addictions) (Fort Frances/Emo)	807-274-4807 ext 1
Alcoholics Anonymous (Toll Free Find a Meeting in Northern Ontario)	1-888-425-2666
	Kenora 807-468-6079
	Fort Frances 807-274-4543



PUBLIC HEALTH

Northwestern Health Unit

www.nwhu.on.ca

Kenora Office (Main Office)	807-468-3147 (all services provided)
Toll Free	1-800-830-5978
After Hours	807-468-7109
Dental Programs & Financial Assist.	1-855-407-6453
FLU Hotline	1-866-468-2240
Healthy Babies, Healthy Children	1-800-465-4377
Sexual Health Clinic	1-807-468-4503

SN-NF Office	807-226-9626 ext 312745 (limited services provided)
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Fort Frances Health Unit Office	807-274-9827
Toll Free	800-461-3348

Emo Health Unit Office	807-482-2211
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Northwords Program (children's speech/language)	877-553-7122
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COVID-19 Hotline	866-468-2240
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Kenora Assessment Centre COVID Testing	807-468-9861 ext 2483
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Fort Frances Assessment Centre COVID Testing	807-274-3261 ext 4913
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COMMUNITY SERVICES

Community Care Access Centre - Long Term Care		
	Kenora	807-467-4757
	Fort Frances	807-274-8561

Public Schools	Sioux Narrows	807-226-5254
	Nestor Falls	807-484-2101

Legal Aid	Kenora	807-468-7790
	Fort Frances	807-274-9571

Youth Wellness Hub	Kenora	807-467-8468
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Bear Clan	Kenora	807-464-7233 (464-SAFE)807-407-0586
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SNNF EarlyON (Administered by NE-CHEE Friendship Centre)		
	General Inquiries	807-468-5440

CIVIC SERVICES

Bear Reporting	MNRF Emergencies (immediate threat to safety) 911 Non-emergencies 866-514-2327
Hydro	Power Outages and Emergencies (Reporting and Information) 800-434-1235
EMCON	Highway & Rest Stop Maintenance 807-223-1925
511 Road Conditions	In Ontario Dial 511 or 800-268-4686

MUNICIPAL SERVICES

Township of Sioux Narrows – Nestor Falls
www.snnf.ca

Municipal Roads	807-226-5241
Landfill Sites and Recycling (Sioux Narrows and Nestor Falls)	807-226-5241
Cemeteries (Sioux Narrows and Nestor Falls)	807-226-5241
Libraries	Sioux Narrows 807-226-5204 Nestor Falls 807-484-2777
Fitness Centres (Sioux Narrows and Nestor Falls)	807-226-5241
Golf Course	807-226-5319
Land Use Planning (Sioux Narrows and Nestor Falls)	807-226-5241
Economic and Community Development (Sioux Narrows and Nestor Falls)	807-226-5241
Provincial Parks	
Sioux Narrows	807-226-5223
Caliper Lake - Nestor Falls	807-484-2181

FIRST NATION COMMUNITIES

Band Administration Offices

Naotkamegwanning First Nation	807-226-5411
Ojibways of Onigaming	807-484-2162
Animakee Wa Zhing 37 First Nation	807-226-5353
Northwest Angle 33 First Nation	807-733-2200

FOOD SECURITY

St. George's Food Cupboard (Emo)	807-482-1989
Salvation Army (Fort Frances)	807-274-3871
The Salvation Army (Kenora Food Bank) 807-468-8452 (Fort Frances Food Bank) 807-274-3871	
United Native Friendship Centre – Food Bank (Fort Frances)	807-274-8541
Ne-Chee Friendship Centre – Food Hamper (Kenora)	807-468-5440
Jubilee Church - Emergency Food Access	807-468-5297
Fellowship Centre – Emergency Food Access	807-468-5538
Ontario Native Women's Association – Food Voucher	807-468-3943
Healthy Babies – NWHU - Milk Coupons	1-800-465-4377
Canadian Prenatal Nutrition Program (Firefly)	807-467-2756

ANIMAL WELFARE

Kenora Veterinary Clinic	807-468-7741
Norwest Animal Clinic (Fort Frances)	807-274-7393
It's a Dogs Life	807-467-3647
The Cat Shelter	807-468-4648
Rainy River District Animal Rescue	807-486-1952



Sioux Narrows Nestor Falls



Northwestern
Health Unit

www.nwhu.on.ca

