



The Township of Sioux Narrows-Nestor Falls  
Community Newsletter  
June 2024

**SNNF FIRE PRESENTS**  
FOUR SEASON CLUB PRESENTS  
**BASKETBALL SUMMER Games 2024**  
FREE ENTRY

June 15th, July 6th, July 27th, Aug 17th - 12pm to 4pm

WHO: Open to the Public  
WHERE: Four Season Recreation Facility in Sioux Narrows - Behind Township Office

**Come out and play or watch!**



The Sioux Narrows-Nestor Falls Fire Rescue encourages you to be extremely cautious when burning brush or having campfires. Burning permits are required April 1st—October 31st. [snnf.burnpermits.com](http://snnf.burnpermits.com)

**Landfill Fees**

Landfill fees are applicable for construction waste, untagged refrigeration units of any kind and fibreglass boats. A Landfill Construction Debris permit must be purchased prior to entering the landfill. Permits can be purchased at the Township of Sioux Narrows-Nestor Falls Municipal Office locations during business hours.

**Landfill Summer Hours May 1st—September 30th**

Open 5 days a week: Wed. Thurs. Fri. Sat. and Sun.  
Closed on Mon. Tues. and all Civic Holidays

Sioux Narrows: 8:00 a.m.—11:30 a.m.  
Nestor Falls: 1:00 p.m.—4:30 p.m.

**MOBILE MENTAL HEALTH & ADDICTIONS CLINIC**

Sioux Narrows: Monday, June 3rd  
Tuesday, June 25th

Nestor Falls: Wednesday, June 5th  
Wednesday, June 19th

To book an appointment, call 807-468-1838, press 5  
If you are experiencing a mental health emergency, please call 1-866-888-8988

**Sunday services at Lake of the Woods Chapel are at 7:00 p.m. led by Rev. Patricia Chabluk.**

Through the summer months, there will be occasions where we have a guest minister. You are welcome to worship God with us.

As a congregation, we are responsible for the costs of employing our minister and for the maintenance of the church building, hence we are having a fundraising event on June 12th, our annual Pie Night Sale. This social time is from 6:30 to 8:00 p.m. and is a good opportunity to visit with neighbours while enjoying a piece of pie and a beverage. Mark your calendar!

Evensong will be on Wednesday evenings beginning on June 19th at 7:00 p.m. and throughout the summer. This is a brief gathering midweek to refresh our faith with prayer, scripture, and music.

We are surrounded by the beauty of God's creation.....enjoy!



**FREE BOOKS**



**DVDS, AUDIO BOOKS, INTERNET**

**MEET YOUR LIBRARY**

STAFF AND BOARD MEMBERS

SIoux NARROWS COMMUNITY HALL  
FRIDAY JUNE 14 - 4pm - 7pm  
SATURDAY JUNE 15, 9am - 2pm

DURING THE 50+ ACTIVITY CENTRE YARD SALE



**SIoux SUMMER SOLSTICE COMMUNITY DANCE**

Thursday, June 20, 2024 7:30 p.m.—11:30 p.m.  
Sioux Narrows Community Hall

Featuring live music by two local bands  
The SiouxVivors & SiouxperBoat

Tickets \$25.00 (includes light lunch)—available at SN-NF 50+ Activity Centre, Gill's Trading Post & Mayor Hardware  
**\*\* AGE OF MAJORITY\*\***

Sponsored by the SN-NF 50+ Activity Centre





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**Protect Yourself from Tick Bites this Spring and Summer**



**Northwestern  
Health Unit**

[www.nwhu.on.ca](http://www.nwhu.on.ca)

With the warmer weather upon us and many residents and visitors enjoying more time outdoors, the Northwestern Health Unit (NWHU) would like to encourage you to take precautions to prevent tick bites and reduce the risk of contracting tick-borne disease.

Ticks are very small and hard to see. In northwestern Ontario, there are two main tick species: wood (dog) ticks and blacklegged (deer) ticks. Wood ticks are not known to transmit disease, but blacklegged ticks can transmit tick-borne diseases, including Lyme disease, to humans.

You can help to prevent tick bites by:

- ◇ Covering up.
- ◇ Wear light colored clothing so it is easier to see ticks, closed-toed shoes, long-sleeved shirts, and long pants tucking into your socks.
- ◇ Use insect repellent.
- ◇ Use a product with DEET or Icaridin. Be sure to follow the product label guidelines especially for use on infants, children, and pregnant women.
- ◇ Put clothes in the dryer. Choose high heat setting for 10 minutes.
- ◇ Check yourself, your children, and your pets for ticks after being outdoors.
- ◇ You can also shower as soon as you can to wash off unattached ticks.
- ◇ Talk to your veterinarian about options to protect your pet.

Maintain your property. You can help keep blacklegged ticks away from your property by:

- ◇ Keeping your grass short, trim bushes and tree branches to let in sunlight (ticks avoid hot, dry locations).
- ◇ Creating a border of gravel or woodchips one metre or wider around your yard if you are next to a wooded area or an area with tall grass.
- ◇ Moving children's swing sets, playground equipment and sandboxes away from wooded areas and consider placing equipment on a woodchip or mulch foundation.

If you have health concerns after a blacklegged tick bite, consult a health care provider as soon as possible. You can also check if your pharmacy is prescribing medication to treat tick bites and prevent Lyme disease. In most cases Lyme disease can be prevented through treatment with antibiotics.

For more information contact your local health unit office or visit our website at [www.nwhu.on.ca](http://www.nwhu.on.ca).

**SIoux NARROWS NURSING STATION**

**DR. KERRY ANDERSON, MD**

Tuesday, June 4th                      9:30 am— 12:30 pm  
Tuesday, June 25th                      9:30 am— 12:30 pm

**DR. ROWENA LASS, MD**

Thursday, June 6th                      9:30 am— 12:30 pm  
Monday, June 10th                      9:30 am— 12:30 pm  
Tuesday, June 11th                      9:30 am— 12:30 pm  
Thursday, June 27th                      9:30 am— 12:30 pm

**CAITLIN CAMPBELL, RN**

Friday, June 7th                              9:30 am—12:30 pm  
Friday, June 21st                            9:30 am—12:30 pm  
Friday, June 28th                            9:30 am—12:30 pm

**LIFE LABS**

Tuesday, June 4th                            10:00 am—1:00 pm  
Tuesday, June 18th                           10:00 am—1:00 pm  
Tuesday, July 2nd                            10:00 am—1:00 pm

**SUSAN MCLEOD, FOOTCARE SPECIALIST— TBD**

Please call 807-226-1081 for appointments